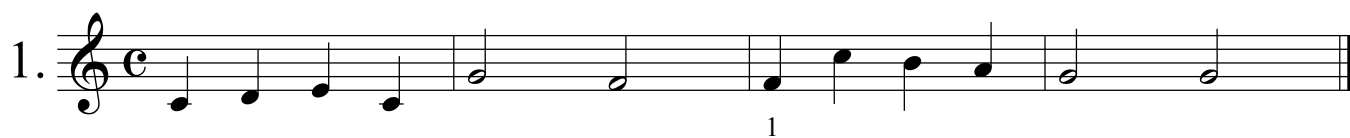
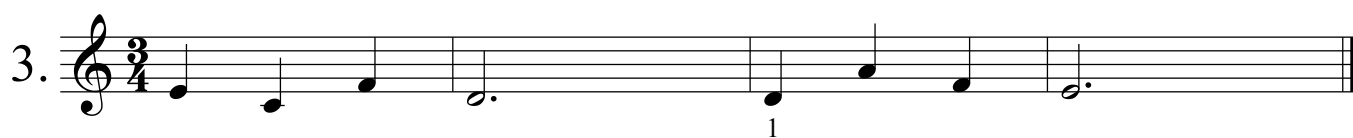


DESPLAÇAMENTS I

per a la mà dreta

1. 

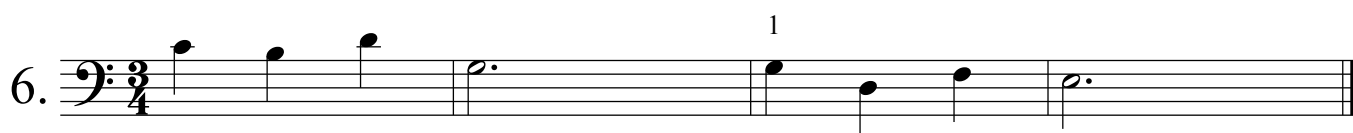
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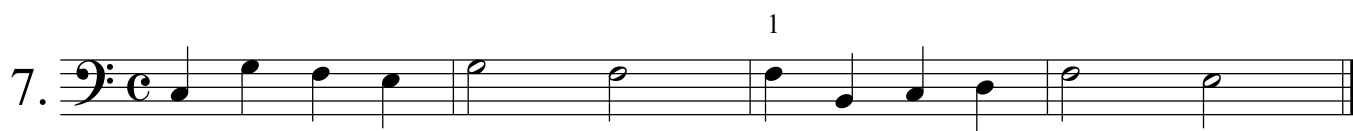
3. 

4. 

per a la mà esquerra

5. 

6. 

7. 

8. 